HERBAN MARKET

MENU

ORGANIC • LOCAL
EVERYTHING MADE FROM SCRATCH • IN HOUSE BAKERY
100% GRASSFED • PASTURED
WILD CAUGHT SEAFOOD
NO SOY OR CANOLA OIL USED
NO PRESERVATIVES, MSG, ARTIFICIAL SWEETENERS OR DYES

All items are made to order.
Cook times vary greatly during peak times.

THIS IS NOT FAST FOOD... THIS IS GOOD FOOD.

3078 MADDUX WAY, FRANKLIN, TN 37069 | 615.567.6240 | HERBANMARKET.CO | SHOP.HERBANMARKET.CO

Menu Revision Summer 2021

gluten free · egg free · dairy free · nut free · vegan

COFFEE & DRINKS

ESPRESSO BAR

ORGANIC BEANS + LOCALLY ROASTED BY E&B
DAIRY USED IS SOURCED FROM LOCAL HATCHER FAMILY DAIRY FARM
TRY ANY OF THESE RECIPES WITH A MILK ALTERNATIVE. SUB PRICE VARIES.
ALL LATTES ARE LIGHTLY SWEETENED, IF YOU PREFER MORE SWEET, LET US KNOW!
TRY ANY OF OUR DRINKS ICED

Espresso 2 oz (2.79)

Cortado 1/2 espresso + 1/2 steamed milk | 4 oz (3.89)

Cappuccino 1/3 espresso + 2/3 steamed milk | 6 oz (4)

Jacob's Cap macadamia milk cappuccino + honey + cinnamon + house-made mushroom blend + MCT oil
8 oz (5.50) 12oz (6) 16oz (6.75)

Macchiato traditional macchiato | 3 oz (3.59)

Americano espresso + RO water | 8oz 12 oz 16oz (2.79)

Cubano Con Leche latte + sweetened condensed milk
12 oz (4.50)

Vegan Cuban latte + coconut sweetened condensed milk & milk alternative of choice | 12 oz (6.50)

Latte espresso + steamed milk | 12 oz (4.29) 16 oz (5)

Mocha Latte latte + house-made chocolate mocha sauce
12 oz (4.79) 16 oz (5.49)

Special Flavored Lattes
a latte + house-made syrup | Try it iced, too!
12 oz (4.79) 16 oz (5.49)

HOUSE-MADE SYRUPS:
vanilla
lavender
hazelnut
coconut salted caramel

Chai Latte house-made chai + steamed milk + cinnamon
12 oz (4.79) 16 oz (5.89)

Matcha Latte matcha green tea + steamed almond milk + local honey + cinnamon
12 oz (5.49) 16 oz (5.89)

Golden Milk Latte house-made golden milk mix + steamed almond milk + local honey + cinnamon
12 oz (5.49) 16 oz (5.89)

Hot Chocolate d/f chocolate + steamed milk | 12 oz (2.99)

Steamers house-made syrup + steamed milk
kiddos LOVE these!
12 oz (2.99) 16 oz (3.79)

ICED COLD BREW

ORGANIC BEANS + COLD BREW PROCESS w/ RO FILTERED WATER

12 oz (3.89)
16 oz (4.79)

DRIP COFFEE

ORGANIC BEANS + LOCALLY ROASTED BY E&B w/ RO FILTERED WATER

12 oz (2.79)
16 oz (3)
20 oz (3.29)

bottomless cup (4.99) for here only
refill (1) for here only

SMOOTHIES

It's Going to be a "Berry" Good Day
almond milk, banana, seasonal berries, honey | 16 oz (8.99)

Matcha Needed in a Smoothie
almond milk, matcha powder, banana, pineapple or mango, honey | 16 oz (8.99)

Hey, Wake Up!
almond milk, cold brew coffee, banana, honey, cacao powder 16 oz (8.99)

SMOOTHIE ADD ONS:
ADD vanilla or chocolate protein powder (+1.75)
ADD mushroom immunity powder (+2)
ADD flax seeds (+1.5)
ADD chia seeds (+1.5)
ADD vitamin c (+3)
ADD spinach (+1.25)
ADD collagen (+4)
ADD maca (+3)
ADD cbd honey (+2.5)

OTHER SIPS

Kombucha on Tap by Booch | 16 oz (5) 20 oz (6.25)

Iced Tea unsweetened tea | 16 oz (2.49) 20 oz (2.95)

Hot Tea varieties from high garden | 12 oz & 16 oz (3)

MILK ALTERNATIVES & SUBSTITUTES

SUB hemp milk (+1.25)
SUB almond milk (+1.25)
SUB macadamia milk (+1.25)
SUB oat milk (+1.25)
SUB or **ADD** CBD honey (+2.50)
SUB monk fruit (+.25)

ADD MCT oil (+.75)
ADD mushroom immunity powder (+2)
ADD collagen (+4)
ADD espresso shot (+1.75)
ADD maca (+3)

All espresso bar items are made to order.
Drink times may vary greatly during peak times.

CHECK OUT OUR DRINK COOLER WITH A VARIETY OF COOL PRODUCTS TO TRY!
DON'T MISS OUR SUSTAINABLE & ORGANIC WINE BAR WITH BY-THE-GLASS DRINKS

Menu Revision Summer 2021

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BREAKFAST

SERVED FROM OPEN TIL 3PM

SUB GLUTEN FREE BREAD (+1.5)

Herban Classic Breakfast
wagyu tri-tip, veggie hash of the day, red peppers, red onion, 2 eggs any way, house-made english muffin -or- toast, house-made salsa, house-made jam (15)
*** sub bacon or sausage in lieu of wagyu (12.5)

Ayla's Banana Pancakes
pancake batter made of pastured eggs and bananas, vanilla, cinnamon, topped with maple syrup and coconut whipped cream (9)

Build-a-Bowl | Build-an-Omelette
BASE three local pastured scrambled eggs (11)

CHOOSE YOUR OLIVE OIL butter infused olive oil (dairy free) cayenne fused olive oil

CHOOSE 3 TOPPINGS avocado | caramelized onions | tomato roasted red peppers | sprouts sautéed kale spinach | feta | cheddar

ADD MEAT each additional (+2.75)
chicken | turkey | bacon | ham | pepperoni | sausage salami | chicken salad (+4)

Avocado Toast - Matt's Special
open-face sourdough, avocado mash, sliced avocado, 2 fried eggs, sprouts, red onions, tomatoes, traditional balsamic, cheddar (12)

Breakfast Burrito
pita wrap, breakfast sausage, pastured egg, avocado, black beans, cheddar, served with house salsa (14) (sub a coconut wrap to be g/f)

Breakfast Tacos
3 house-made heirloom corn tortillas, beans (w/ bacon fat), scrambled pastured eggs, bacon, avocado, mozzarella, cilantro, salsa (11)

The Focaccia
focaccia bread, local pastured scrambled eggs, bacon, avocado, caramelized onions, cheddar (10)

Caper Eggs and Greens Breakfast Sliders
2 english muffins, caper cream cheese, arugula, avocado, 2 scrambled eggs, mozzarella cheese, bacon (12)

TACOS

AVAILABLE AT 10AM - 3PM
AUTHENTIC MEXICAN STREET TACOS - ALL ORGANIC!
SERVED WITH A SLICE OF LIME

Al Pastor
4 house-made heirloom corn tortillas, marinated pork and bacon, pine-apple, cilantro, onions, avo-tomatillo salsa and roast. tomatillo salsa (14)

Carne Asada
4 house-made heirloom corn tortillas, wagyu flat iron steak, roasted onions, raw onion, cilantro, avocado, roasted tomatillo salsa (16.5)

Grilled Chicken
4 house-made heirloom corn tortillas, grilled chicken, adobo, pickled onion, cilantro, house-made salsa (14)

Cajun Salmon Tacos
3 house-made heirloom corn tortillas, wild-caught cajun salmon, seasonal fruit relish, remoulade, pickled onions, mixed herbs (15)

Birria Tacos
4 corn tortillas, slow simmered beef in a mixture of spices and chilis, served with onion, lime, homemade hot sauce and a bowl of flavorful broth (15)
Make it a "Quesabirria" and add cheese (+1.25)
A note from Chefs: We recommend putting onion, lime, and hot sauce in the tacos and dipping your tacos in the broth for the full experience.

BURGERS & SANDWICHES

AVAIL. AT 10AM TIL 3PM

LOCAL + ORGANIC + HOUSE-MADE + 100% GRASS FED BEEF
COOK TEMP.: BEEF PATTY SERVED 'MEDIUM' UNLESS TOLD OTHERWISE
ADD EXTRA BEEF PATTY TO MAKE IT A "DOUBLE" (+6.50)
SUB FOR A VEGGIE PATTY | SUB GLUTEN FREE BREAD (+1.5)
AT LUNCH, SERVED WITH SIDE OF POTATO SALAD OR APPLE "KALESLAW"

The Classic Burger
beef patty, cheddar, tomato, onions, greens, house-made pickles, soy-free mayo, house-made seasonal ketchup, house-made bun (13)

Messy Burger
beef patty, bacon jam, garlic aioli, avocado, cheddar, over easy egg, house-made salsa, pickled onions, sprouts, house-made bun (16.5)

A.T.V. Burger ("All the Veggies")
veggie patty, tomato, onion, arugula, remoulade sauce, avocado, house-made bun (14)

Mama Alma Burger
beef patty, spinach, mushrooms, caramelized onions, avocado, roasted red peppers, goat cheese, jalapeños, bacon jam, house-made bun (16.5)

Salmon Burger
wild-caught salmon patty, remoulade sauce, pickled onions, arugula, spiralized cucumber, avocado, house-made buns (16.5)

Herban Smash Burger
3 thin beef patties, griddled onions, cheddar cheese, cheese sauce, Herban's "big mac" sauce, pickles, toasted house-made bun (15)

Guacamole Crunch Burger
beef patty, guacamole, jalapeno cream sauce, guajillo mayo, mozzarella cheese, griddled onions, crunchy tostada, lettuce, tomato on house-made bun (17)

Turkey Melt 2.0
sourdough, spicy soy-free mayo, turkey, bacon, red onion, greens, tomatoes, pickled jalapeños, avocado, cheddar (14)

Steak Sandwich
wagyu tri-tip steak, caramelized onion, roasted red bell peppers, mushrooms, mozzarella, horseradish sauce, baguette (17)
***Make it vegetarian and sub mushrooms for the steak! (12)

Chicken Salad BLT
cranberry chicken salad, bacon, lettuce, tomato on toasted sourdough bread (15)

Mexican Street Pork Sandwich
adobo pork, sour cream, refried black beans, raw onion, tomatoes, chopped pickled jalapenos, adobo sauce, sea salt, baguette (15)

French Picnic Sandwich
tuna salad in olive oil with capers and lemon juice, aioli, olive tapenade, fresh mozzarella, tomato, onion, roasted red peppers, basil, parsley on sourdough (16)

DAY SIDES

AVAILABLE AT OPEN - 3PM

SIDE SALAD | tomato, cucumber, onion, carrot, dressing of choice (5)
Sorry no substitutions or additions to the side salad.

POTATO SALAD | kale, soy-free mayo, red peppers, potatoes (3.5)

APPLE "KALESLAW" | kale, apples, soy-free mayo, ACV, carrots, spices (3.5)

TORTILLA ESPAÑOLA WEDGE | Spain's egg, onion, and potato "omelet" (4)

APPLE SAUCE | house-made with apples & cinnamon (3.5)

SOUP OF THE DAY | recipe changes daily. 12 oz (6)
16 oz (8)
32 oz (15)

BREAKFAST • LUNCH

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Menu Revision Summer 2021

BREAKFAST & LUNCH

AVAILABLE OPEN TIL 3 PM

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DINNER

BURGERS & SANDWICHES

LOCAL + ORGANIC + HOUSE-MADE + 100% GRASS FED BEEF
COOK TEMPERATURE: BEEF PATTY SERVED 'MEDIUM' UNLESS TOLD OTHERWISE
ADD EXTRA BEEF PATTY TO MAKE IT A "DOUBLE" (+6.50)
SUB FOR A VEGGIE PATTY
SUB GLUTEN FREE BREAD (+1.5)
AT DINNER, ALL SANDWICHES & BURGERS ARE SERVED WITH A SIDE CHOICE OF FINGERLING POTATOES, POTATO SALAD, OR APPLE "KALESLAW"

The Classic Burger
beef patty, cheddar, tomato, onions, greens, house-made pickles, soy-free mayo, house-made seasonal ketchup, house-made bun (13)

Messy Burger
beef patty, bacon jam, garlic aioli, avocado, cheddar, over easy egg, house-made salsa, pickled onions, sprouts, house-made bun (16.5)

A.T.V. Burger ("All the Veggies")
veggie patty, tomato, onion, arugula, remoulade sauce, avocado, house-made bun (14)

Mama Alma Burger
beef patty, spinach, mushrooms, caramelized onions, avocado, roasted red peppers, goat cheese, jalapeños, bacon jam, house-made bun (16.5)

Salmon Burger
wild-caught salmon patty, remoulade sauce, pickled onions, arugula, spiralized cucumber, avocado, house-made buns (16.5)

Herban Smash Burger
3 thin beef patties, griddled onions, cheddar cheese, cheese sauce, Herban's "big mac" sauce, pickles, toasted house-made bun (15)

Guacamole Crunch Burger
beef patty, guacamole, jalapeno cream sauce, guajillo mayo, mozzarella cheese, griddled onions, crunchy tostada, lettuce, tomato on house-made bun (17)

Steak Sandwich
wagyu tri-tip steak, caramelized onion, roasted red bell peppers, mushrooms, mozzarella, horseradish sauce on baguette (17)
***Make it vegetarian! Sub mushrooms for the steak! (12)

Mexican Street Pork Sandwich
adobo pork, sour cream, refried black beans, raw onion, tomatoes, chopped pickled jalapenos, adobo sauce, sea salt, baguette (15)

TACOS

AUTHENTIC MEXICAN STREET TACOS - ALL ORGANIC!
HEIRLOOM CORN MASA FOR OUR HOUSE-MADE TORTILLAS
SERVED WITH A SLICE OF LIME

SUB LETTUCE WRAP IN PLACE OF TORTILLAS (+.50)

Al Pastor
4 heirloom corn tortillas, marinated pork and bacon, pineapple, cilantro, onions, avocado-tomatillo salsa and roasted tomatillo salsa (14)

Carne Asada
4 heirloom corn tortillas, wagyu flat iron steak, roasted onions, raw onion, cilantro, avocado, roasted tomatillo salsa (16.5)

Grilled Chicken
4 heirloom corn tortillas, grilled chicken, adobo, pickled onion, cilantro, house-made salsa (14)

Cajun Salmon Tacos
3 heirloom corn tortillas, wild-caught cajun salmon, seasonal fruit relish, remoulade, pickled onions, mixed herbs (15)

Birria Tacos
4 heirloom corn tortillas, slow simmered beef in a mixture of spices and chilis, served with onion, lime, homemade hot sauce and a bowl of flavorful broth (15)
Make it a "Quesabirria" and add cheese (+1.25)
A note from Chefs: We recommend putting onion, lime, and hot sauce in the tacos and dipping your tacos in the broth for the full experience.

SHARED PLATES

DESIGNED TO BE ENJOYED WITH FRIENDS!

LOCAL + ORGANIC + HOUSE-MADE INGREDIENTS

Chicken Lettuce Wraps
ground chicken with ginger, scallions, carrots, coconut aminos sauce, boston head lettuce, ginger roasted pepitas (13)

Tostadas de Lomo (Pork Tostada)
thinly sliced adobo pork on homemade tostadas, refried black beans, sour cream, queso fresco, lettuce, radishes, salsa mexicana (pico de gallo) served with house salsa (14)

ENTRÉES

LOCAL + ORGANIC + HOUSE-MADE INGREDIENTS

Argentina Steak
seared denver steak, chimichurri, fingerling potatoes, crispy onions, roasted tomatoes, street corn (36)

Lemon Salmon
tomato bruschetta, crispy fried chickpeas, seared salmon, white wine lemon cream sauce. (24)
***Make it dairy-free and substitute coconut milk (+2)

Thai Chicken
glazed seared chicken thigh, thai cold peanut rice noodle salad, quick pickled onion and cucumbers, jalapenos, roasted peanuts (20)

Ratatouille
A great vegetarian option!
eggplant, zucchini, yellow squash, tomatoes baked in a garlic tomato sauce and finished with basil olive oil and fresh herbs (19)
Add parmesan (+1.25)

DINNER SIDES

SIDE SALAD | tomato, cucumber, onion, carrot, dressing of choice (5) Sorry no subs or adds to the side salad.

FINGERLING POTATOES | potatoes, olive oil, salt (3.5)

POTATO SALAD | kale, soy-free mayo, red peppers, and potatoes (3.5)

APPLE "KALESLAW" | kale, apples, soy-free mayo, ACV, carrots, spices (3.5)

DRESSED-UP TORTILLA ESPAÑOLA WEDGE | Spain's egg, onion, & potato "omelette" with sour cream, chives, bacon (4.5)

MAC & CHEESE | pasta, milk, eggs, cheddar & mozzarella cheese (5)
*make it gluten free (+2)

STREET CORN | soy-free mayo, queso fresco, paprika (4)

APPLE SAUCE | house-made with apples & cinnamon (3.5)

SOUP OF THE DAY | recipe changes daily.
12 oz (6) 16 oz (8) 32 oz (15)

All items are made to order. Cook times vary greatly during peak times. We are not fast food. This is good food.

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Menu Revision Summer 2021

DINNER & SHARED PLATES

AVAILABLE AT 4 PM

gluten free · egg free · dairy free · nut free · vegan

SALAD · WRAPS · PIZZA

SIGNATURE SALADS

ALL SIGNATURE SALADS ARE LARGE

FRESH + LOCAL + PASTURED + HOUSE-MADE + ORGANIC INGREDIENTS

Herban Caesar Salad
greens, chicken, bacon, grilled lemon, grilled scallions, roasted tomatoes, brussels sprouts, toast points, parmesan, house-made caesar dressing (17)

Cobb Salad
greens, chicken, bacon, deviled eggs, feta, tomatoes, avocado, cucumbers, red onion, carrots, house-made green goddess dressing (18)

Mango Kale Salad
kale, chicken, mango vanaigrette, fresh mango, red onion, roasted red peppers, candied pepitas, feta cheese, fresh mint and oregano (17)

Citrus Arugula Salad
arugula, chicken, citrus vinaigrette, red and golden beets, fennel, sweet spiced pecans, orange segments, grapefruit segments, red onion, goat cheese (17)

Build your own salad!
See the Build-a-Bar Menu on the next page!

SIGNATURE WRAPS

FRESH + LOCAL + HOUSE-MADE + ORGANIC INGREDIENTS
MAKE GLUTEN FREE & SUB FOR A COCONUT WRAP (+2.25)

Turkey Cucumber Wraps
2 coconut wraps, soy-free mayo, turkey, avocado, carrots, cucumber, feta, sprouts, serrano honey vinegar (15)

Plant Power Wraps
2 coconut wraps, vegan cheese, quinoa, carrots, tomatoes, roasted red peppers, avocado, mushrooms, greens, seasoning, HM Neapolitan Herb balsamic (14)

Chicken Caesar Wrap
1 pita wrap, caesar dressing, grilled chicken, parmesan, charred brussels sprouts, roasted tomatoes, grilled lemon, grilled scallions, greens (14) ***Make it gluten-free and sub a coconut wrap (+2.25)

Bulgogi Wrap
*NOT AVAILABLE FROM 3 - 4PM
1 pita wrap, bulgogi steak, cabbage, scallion mayo, sesame seeds, spicy dipping sauce (15) ***Make it G/F & sub coconut wrap (+2.25)

Build your own Wrap!
See the Build-a-Bar Menu on the next page!

SIGNATURE PIZZAS

ORGANIC WHEAT CRUST
SUB GLUTEN FREE CRUST (+1.5)
SUB BROCCOLI CRUST (+1.5)

FRESH + LOCAL + PASTURED + HOUSE-MADE + ORGANIC INGREDIENTS

Margherita Pizza
10" individual sized w/ red sauce, mozzarella, tomatoes, fresh basil, HM olive oil, salt (14)

Meat Lovers Pizza
10" individual sized w/ red sauce, mozzarella, salami, ham, pepperoni, andouille sausage, bacon (17)

BBQ Chicken Pizza
10" individual sized w/ bbq sauce, mozzarella cheese, chicken, jalapenos, bacon, red onion (15)

Garlic Artichoke & Arugula Pizza
10" individual sized w/ garlic ricotta spread, mozzarella, marinated artichokes, sauteed mushrooms, caramelized onions, topped with arugula salad tossed with lemon juice, salt, olive oil and red pepper flakes (15)

Build your own Pizza!
See the Build-a-Bar Menu on the next page!

All items are made to order. Cook times vary greatly during peak times. We are not fast food. This is good food.

KIDDOS

KIDS MENU ITEMS ARE RESERVED FOR CHILDREN 12 AND UNDER

ORGANIC + HOUSE-MADE
COOK TEMP. - BEEF PATTY SERVED 'MEDIUM' UNLESS TOLD OTHERWISE
SUB GLUTEN FREE BREAD (+1.5)
KIDS MENU ITEMS ARE SERVED WITH A SIDE CHOICE OF HOUSE-MADE APPLE SAUCE OR 1 WHOLE ORGANIC FRUIT (EXCLUDES BUILD-A-BOX)
CHECK OUT OUR LUNCH & DINNER SIDES FOR IDEAS TO CREATE YOUR OWN KIDS' MEAL!

SERVED FROM 10a - 3p | 4p - CLOSE

AB&J almond butter & house-made jam on sour dough (6)

Burger beef patty on a house-made bun (7)
add cheese (+1.25)

Grilled Cheese house-made sourdough and cheddar (7)

Chicken Taco three house-made heirloom corn tortillas with grilled chicken (7)
add cheese (+1.25)

Quesadillas three house-made corn tortillas and melted mozzarella cheese (7)

SERVED FROM 10a - CLOSE

Pizza 5" pizza
organic wheat crust
mozzarella cheese -or- pepperoni (7)
sub gluten free crust (+1.50)
sub vegan cheese (+2)

Build-a-Box
Option A:
1 protein (shaved chicken, pepperoni, ham, shaved turkey, chicken salad, or salami)
+ 2 toppings (7)

Option B:
4 toppings (7)

add dressing or sauce (+.75)

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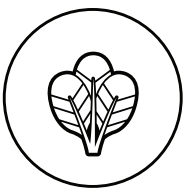
Menu Revision Summer 2021

SALADS, WRAPS, PIZZAS | KIDDOS AVAIL. AT 10 AM

gluten free · egg free · dairy free · nut free · vegan

BUILD-A-BAR



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1. CHOOSE YOUR STYLE TO BUILD

Salads

SMALL (11) | LARGE (15)

Pizzas - or Calzones

STANDARD - 10" WHEAT CRUST (13)
PIZZAS - SUB BROCCOLI CRUST (+1.50)
PIZZAS - SUB GLUTEN-FREE PIZA CRUST (+1.50)

Wraps

ORGANIC PITA (13)
SUB COCONUT WRAP (+2.25)

2. PICK YOUR INGREDIENTS

CHOOSE YOUR GREENS

ARUGULA | SPINACH | KALE | HYDROPONIC GREENS | HYDROPONIC SPRING MIX

CHOOSE YOUR DRESSING / SAUCE

- CITRUS VINAIGRETTE
- GREEN GODDESS
- RANCH
- CAESAR
- MANGO VINAIGRETTE
- PESTO OF THE DAY
- EXTRA VIRGIN OLIVE OIL
- LEMON WEDGE SQUEEZED
- OLIVE OIL
- BALSAMIC
- RED MARINARA SAUCE
- BBQ SAUCE
- HOT HONEY

CHOOSE YOUR CHEESE

SALADS, WRAPS, PIZZAS, CALZONES - PICK 1
EACH ADDITIONAL (+ 1.25 - OR AS LISTED)

FRESH MOZZARELLA | RICOTTA | SHREDDED MOZZARELLA | CHEDDAR | PARMESAN | FETA | SUB OR EXTRA GOAT CHEESE (+ 2.5)

SUB OR EXTRA - VEGAN MOZZARELLA (+ 2)

CHOOSE YOUR TOPPINGS

SALADS - PICK 7 (NO SIDES)
EACH ADDITIONAL (+ 0.50)

PIZZAS & CALZONES - PICK 4
EACH ADDITIONAL (+ 0.75)

WRAPS - PICK 5
EACH ADDITIONAL (+ 0.75)

- GRILLED SCALLIONS
- GRILLED LEMON - WHOLE
- CHOPPED GRILLED LEMON
- SHAVED BRUSSELS SPROUTS
- ROASTED TOMATOES
- CILANTRO
- MARINATED ARTICHOKES
- RAW JALAPENOS
- PEPPERONCINI PEPPERS (WHOLE)
- SCALLIONS
- HEIRLOOM CARROTS
- ORANGE SEGMENTS
- GRAPEFRUIT SEGMENTS
- MANGO SLICES
- PINEAPPLE
- ROASTED GOLDEN BEETS
- ROASTED RED BEETS
- SLICED OLIVES
- MINT / OREGANO MIX
- CHERRY TOMATOES
- RED PEPPER FLAKES
- QUINOA
- CUCUMBER
- BROCCOLI
- SAUTEED MUSHROOMS
- CARAMELIZED ONIONS
- RAW RED ONION
- CONFIT GARLIC
- ROASTED RED PEPPER
- FENNEL
- SPROUTS
- BASIL
- AVOCADO (+ $1.5)
- CRANBERRIES - DRIED
- WHEAT CROSTINIS
- SUNFLOWER SEEDS
- SPICED CANDY PECANS
- PECANS
- WALNUTS
- CANDIED PEPITAS
- RAW BEETS

CHOOSE YOUR PROTEINS

PIZZAS & WRAPS & CALZONES - PICK 1
EACH ADDITIONAL (+ 2.75)

SALADS - NOT INCLUDED IN BASE PRICE
EACH ADDITIONAL (+ 2.75) | CHICKEN SALAD (+4)

CHICKEN | PEPPERONI | SALAMI | TURKEY | HAM | SAUSAGE | BACON

CHICKEN SALAD (+4)

DELIVED EGGS (2 HALVES)

3. ENJOY YOUR CREATION!

All food is cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.
Menu Revision Summer 2021

BUILD-A-BAR

AVAILABLE AT 10 AM

HERBAN MARKET

WE SERVE ORGANIC.
AT A PROFIT IF WE CAN.
AT A LOSS IF WE MUST.
BUT ALWAYS ORGANIC.

-MATT & ASHLEA HOGANCAMP, OWNERS

3078 MADDUX WAY, FRANKLIN, TN 37069 | 615.567.6240 | HERBANMARKET.CO | SHOP.HERBANMARKET.CO

VERSION: SPRING / SUMMER 2021

HERBAN MARKET

Welcome to the Weekend!

YOU HAVE ARRIVED.
AND WE HAVE THE BEST ORGANIC FOOD FOR YOU.

WEEKEND BRUNCH MENU

Strawberry Shortcake Pancakes
3 buttermilk pancakes served with strawberry sauce, pure maple syrup and whipped cream(13)

The Brunch Burger
beef patty, maple aioli, hash browns, bacon, griddled onions, sunny side-up egg, arugula, cheddar (16)

Breakfast Enchiladas
3 house-made heirloom corn tortillas filled with chicken and chorizo, red enchilada sauce, sour cream, queso fresco, pickled onions, greens, topped with 2 sunny side-up eggs (14)

Huevos Rancheros
2 crunchy corn tortillas, refried black beans, potato hash, house-made salsa, bacon, avocado, 2 sunny side-up eggs (14)

Berry Souffle
1 slice of baked, mixed-berry souffle pancake served with pure maple syrup, whipped cream, 2 eggs any way, and bacon (15)

The maple syrup we serve is always organic and pure. You'll never find that corn-syrup-junk around here. Enjoy your brunch with peace of mind!

All food is cooked to order. Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have certain medical conditions.

Menu Revision Summer 2021

AVAILABLE SAT & SUN ONLY

WEEKEND BRUNCH

AVAILABLE TIL 3PM